



## Grupo Capoeiras Inc.

Central Coast Capoeira Classes  
25 Crossingham St, Canton Beach NSW 2263  
[info@capoeiras.com](mailto:info@capoeiras.com) - 0439007017

# SIGN UP FORM

In consideration of being allowed to participate in any way in the classes, events, and/or activities of Grupo Capoeiras Inc (Australia),

I, Participant's Name:

\_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

\_\_\_\_\_

Address:

\_\_\_\_\_

Parent/Guardian Name (of minor child participant) is used as an **Emergency Contact**:

Relation with the child:

\_\_\_\_\_

Name:

\_\_\_\_\_

—  
Phone: \_\_\_\_\_

YES, I declare that I am eligible for Grupo Capoeiras Inc membership and I've read the Association Statements, Membership Fees, Assumption of Risk Warning and Code of Conduct & Ethics.

**\*Signature is required at the bottom of the document**

Scan this form with Adobe Scan and send to [info@capoeiras.com](mailto:info@capoeiras.com)

## WARNING, WAIVER, RELEASE OF LIABILITY, ASSUMPTION OF RISK

1. Recognise and understand that martial arts training is an activity that involves physical contact and that my participation might result in serious injury, including permanent disability or even death, and severe social and economic loss.
2. Recognise and understand that such risk may be due to not only my own actions, but also the action, inaction or negligence of others, the regulations of participation, or the conditions of the premises, or of any of the equipment used.
3. Recognise that there may be other risks that are not known to me or to others or not reasonably foreseeable at this time.
4. Agree to inspect the facilities, equipment and pairings prior to participation. I will immediately inform an instructor if I believe that anything is unsafe or beyond my capability and refuse to participate.
5. Assume all of the foregoing risks and accept personal responsibility for any damages that may result from injury, permanent disability or death.
6. Enter martial arts training and/or competition entirely of my own free will and understand the importance of following the rules of training and competition.
7. I certify that I am in good physical condition, and have no disease, injury or other condition that would impair my performance or physical and mental well-being during intense training practice and/or competition.
8. Grant permission in case of injury to have a doctor, nurse, athletic training or other emergency medical personnel provide me with medical assistance or treatment for such injury.
9. Release, waive, discharge and covenant not to sue, Grupo Capoeiras Inc (Australia), its affiliated organizations and governing bodies, their officers, instructors and personnel, other members of the organizations, participants, supervisors, coaches, sponsoring organizations or their agents, and if applicable, owners and lessors of the premises from any and all liability to the undersigned, his or her heirs and next of kin for any and all claims, demands, losses and damages which may be sustained and suffered on account of injury, including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releasors or otherwise.

## FEE STRUCTURE

**Association Membership:** One-Time \$35/annual (after first month)

**Membership Monthly Fee:** \$20/monthly (FREE FOR 2020\*)

**Uniform:** \$75 (after first month)

\*At the Ordinary Meeting of Council on 9 June 2020, Central Coast Council resolved to fund our application 188 CSP 19/20 for 'CAPOEIRAS 4-ALL CENTRAL COAST' for the amount of \$3,200.00. That means that hiring cost for Warnevale Hall and advertising (as per application) will be supported by the Council and the classes itself will be FREE FOR 2020. Therefore the **Creative Kids and Active Kids vouchers** can be used to afford with the one time payment for the Annual Group Membership (you can decide to join us after the first month).

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# CODE OF CONDUCT & ETHICS

## 1. Introduction

Written standards for the GRUPO CAPOEIRAS INC Code of Conduct & Ethics are necessary to clearly articulate what is expected of our members. GRUPO CAPOEIRAS INC Code of Conduct & Ethics should be a source of inspiration for all martial artists with regard to maintaining an elevated sense of morality and ethical behavior.

## 2. Philosophical Influence

Philosophically, the martial arts have always had lofty goals and teach that all practitioners shall adhere to the following:

- Demonstrate courtesy and respect in all personal encounters
- Develop proper attitude in your daily life
- Remain positive in thought and personal interaction
- Be mindful of everything around you
- Carefully consider the consequences (intended or otherwise) of your actions
- Develop the courage necessary to face daily challenges
- Create good will by providing the influence that creates camaraderie
- Demonstrate the highest level of morality and personal values
- Be humble, respectful, trustworthy, loyal, honest, tolerant and patient
- Keep balance in your life. Do not sacrifice excessively in one area to gain in another
- Honor your personal obligations

## 3. Code of Conduct & Ethics for martial artists

Martial artists are traditionally leaders and figureheads serving as an example for others to follow. As a result, the worth of the martial arts as a whole is often judged by the actions of its practitioners, underscoring the importance of being ever mindful of the image we project.

For this reason, all GRUPO CAPOEIRAS INC members shall adhere to the following:

- Appropriate martial arts courtesy must be observed at all times.
  - Proper verbal responses are to be observed (yes sir, thank you sir, etc.)

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- Proper etiquette is to be observed (bowing, salutations, etc.)
- Proper attitude is to be displayed toward others (seniors, juniors, peers)
- Appropriate behavior must be observed at all times.
  - No cursing, offensive language, gestures, etc.
  - Remain respectful
  - Avoid any kind of harassment / bullying / fighting or conflicts
  - Do not allow yourself to become involved in illegal or unethical activities
  - Remain positive and professional
  - Be willing to cooperate and help others learn
  - Follow your seniors and guide your juniors
  - Avoid any actions or affiliations that could have a negative impact on your reputation or might bring embarrassment to you, your family, your school, teacher or association
  - Maintain a safe and clean environment for practice/training
  - Avoid affiliations with any person, service or organisation that is of questionable integrity, or is deemed to be illicit, immoral, or illegal
  - When speaking of others maintain a high level of civility
  - Do not share confidential information
  - Honor the martial arts hierarchy
    - In your training hall
    - As a guest in someone else's training hall
    - In GRUPO CAPOEIRAS INC Centre
  - Endeavor to live up to the recognition you receive with regard to rank and other certifications
  - Do not make claims of rank, certifications, awards, accomplishments, etc. that are false or cannot be verified
  - Honor GRUPO CAPOEIRAS INC standards and policies:
    - Honor and utilise GRUPO CAPOEIRAS INC time in grade standards
    - Honor and utilise GRUPO CAPOEIRAS INC evaluation requirements and procedures
    - Honor the GRUPO CAPOEIRAS INC Code of Conduct & Ethics
    - Honor the teacher/student relationship
- Appearance.

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- Your uniform is a must during the trainings
- Your uniform must be neat and clean in appearance.
- Honor the uniform requirements of your style and training hall.
- Personal appearance must be neat and clean.
- Good personal hygiene should be observed at all times.

#### **4. Participants understanding**

Capoeira is a martial art, meaning it involves physical contact with other students in ways designed to simulate as closely as possible the moves or self-defense options available to a student when confronted with physical aggression and/or threatening behavior.

As in any other physically demanding recreational activity there is always a risk of injury.

Any person participating in a class conducted by GRUPO CAPOEIRAS INC members do so with the full understanding that whilst it is the policy of GRUPO CAPOEIRAS INC to minimise this risk, the nature of contact physical activity prevents its total elimination

Persons participating in a 'class or seminar' conducted by GRUPO CAPOEIRAS INC do so of their own volition and at their own risk

Physical contact between students who are training must be appropriate to the situation and necessary for the skill development of those students.

**Sexual harassment, defined as being where a person is subject to unwanted or uninvited sexual behavior, will not be tolerated.**

**Any form of discrimination based on sex, ethnic origin, language colour or other form of differentiation will not be tolerated.**

As a member of GRUPO CAPOEIRAS INC I acknowledge that I have read this "Code of Conduct and Ethics" and agree to adhere to them.

I have read the above warning, waiver, release, and assumption of risk. I fully understand its contents, and that I have given up substantial rights by signing it. I hereby sign it voluntarily without any inducement, assurance, or guarantee being made to me and intend my signature to be a complete and unconditional release of all liability.

I grant permission to Grupo Capoeiras Inc (Australia) and its agents or employees, to use photographs taken of me or my minor child/children in classes or events of Grupo Capoeiras Inc (Australia) for use in publications such as brochures, newsletters, and magazines, and to use the photographs on display boards, and to use such photographs in electronic versions of the same publications or on Grupo Capoeiras Inc (Australia) website/s or other electronic form or media, and to offer them for use or distribution in other non-company publications, electronic or otherwise, without notifying me.

I hereby waive any right to inspect or approve the finished photographs or printed or electronic matter that may be used in conjunction with them now or in the future, whether that use is known to me or unknown, and I waive any right to royalties or other compensation arising from or related to the use of the photograph.

I hereby agree to release, defend, and hold harmless Grupo Capoeiras Inc (Australia) and its agents or employees, including any firm publishing and/or distributing the finished product in whole or in part, whether on paper or via electronic media, from and against any claims, damages or liability arising from or related to the use of the photographs, including but not limited to any misuse, distortion, blurring, alteration, optical illusion or use in composite form, either intentionally or otherwise, that may occur or be produced in taking, processing, reduction or production of the finished product, its publication or distribution.

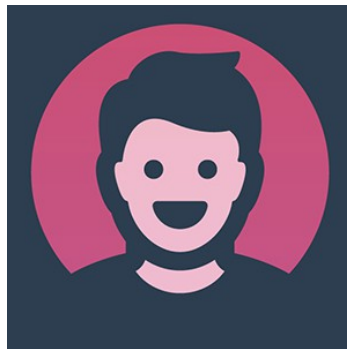
Participant's Printed Name

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Date

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Student Signature



Parent or Guardian  
Signature  
(if student is under 18)

[PLEASE PLACE YOUR PHOTO HERE]



Office  
of Sport



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